Eligible/Non-Eligible Expenses



FSA Eligible Health Care Expenses

Please note that we do not intend this list to be comprehensive tax advice. For more detailed information, please consult IRS Publication 502 or see your tax advisor. *If prescribed for a particular ailment or medical condition; provider letter required.

Acupuncture Alcoholism treatment Allergy shots and testing Ambulance (ground or air)

Artificial limbs

Blind services and equipment Car controls for handicapped*

Chiropractor services

Coinsurance and deductibles

Contact lenses

Crutches, wheelchairs, walkers

Dental treatment Dentures

Diagnostic tests Doctor's fees

Drug addiction treatment & facilities

Drugs (prescription)

Eye examinations and eyeglasses Home health and/or hospice care

Hospital services

Insulin

Laboratory fees LASIK eye surgery

Medical alert (bracelet, necklace)
Medical monitoring and testing devices*

Nursing services Obstetrical expenses Occlusal guards

Operations and surgeries (legal)

Optometrists Orthodontia

Orthopedic services

Osteopaths

Oxygen/oxygen equipment

Physical exams Physical therapy

Psychiatric care (psychologists,

psychotherapists) Radial keratotomy

Schools (special, relief, or handicapped)

Sexual dysfunction treatment Smoking cessation programs

Surgical fees

Television or telephone for the hearing impaired

Therapy treatments*

Transportation (essentially and primarily for medical care; limits apply)

Vaccinations Vitamins*

Weight loss programs*

X-rays

Important Notice About Over-the-Counter (OTC) Medications

With passage of the Coronavirus Aid, Relief and Economic Security Act (CARES Act) in March 2020, OTC medications are once again eligible for purchase with FSA/HSA funds without the need for a prescription. In addition, menstrual care products are now also eligible for purchase with FSA/HSA funds without the need for a prescription. You can use either your debit card to purchase these items or submit the purchase receipt for reimbursement.

FSA Eligible OTC Medications and Products

Acne medications & treatments Allergy & sinus, cold, flu & cough remedies Antacids & acid controllers

Antibiotic & antiseptic sprays, creams & ointments

Anti-diarrheals

Anti-fungals Anti-gas & stomach remedies

Anti-itch & insect bite remedies

Anti-parasitics Digestive aids

Baby care (diaper rash ointments, teething gel, rehydration fluids, etc.)

Bandages and bandaids

Breast pumps for nursing mothers

Braces & supports

Contact lens solution

Contraceptives (condoms, gels, foams, suppositories, etc.)

CPAP equipment & supplies

Diabetic testing supplies/equipment Durable medical equipment (power chairs,

walkers, wheelchairs, etc.)

Eczema & psoriasis remedies Eye drops, ear drops, nasal sprays

First aid kits

Heartburn remedies

Hemorrhoidal preparations

Home diagnostic (pregnancy tests, ovulation kits, thermometers, blood pressure monitors, etc.)

Hydrogen peroxide, rubbing alcohol

Laxatives

Medicated bandaids & dressings

Menstrual care products

Motion sickness remedies

Nicotine patches and medications, smoking cessation aids

OTC varieties of Insulin

orc varieties of insulin

Pain relievers (aspirin, ibuprofen, acetaminophen, naproxen, etc.)

Reading glasses

Sleep aids & sedatives

Wart removal remedies, corn patches

All OTC items listed are examples.

These items are commonly mistaken as eligible but do not meet the requirements

Cosmetic surgery and procedures Cosmetic dental procedures Health programs, health clubs and gyms Insurance premiums

Teeth whitening Vitamins and supplements without a prescription