



Claims Documentation/Substantiation Requirements

Filing a claim for reimbursement and substantiating a card swipe for your FSA or HSA is simple. In order for us to process your claim quickly and successfully, and for you to receive your benefit dollars, we have to follow IRS requirements¹. Please note, even if you use a benefits debit card, we may still request supporting documentation to verify your purchases.

Required information for all documentation:

- Person who received the service
- Date of service/purchase
- Address of the provider (i.e., Pharmacy/Store/Doctor's Office)
- Amount paid/owed by the employee*
- Service or product purchased

*It may take 30 days or longer for your insurance provider to process healthcare claims. The amount you owe after insurance has paid its share is the amount you can submit for reimbursement from your healthcare benefits account.

We accept the following forms of documentation:

- Itemized Doctor's receipt
- Explanation of Benefits
- Prescription
- Letter of Medical Necessity (see reverse for example)
- Cash register receipt (if itemized)

We will not accept bank statements, credit card statements, credit card slips, or canceled checks as these do not have the required information.

Certain over-the-counter items that do not contain medication, such as bandages or sunblock, can be processed without a prescription. For medication of any kind (i.e., ibuprofen or Zantac), a doctor's prescription is required. If you have questions about items and prescription requirements, FSASore.com is a good resource.

¹IRS Publication 969,
Rev. Rule 2003-43

Sample Letter of Medical Necessity **Must be on the physician/provider letterhead**

Please use the following guidelines when submitting a letter of medical necessity:

- The diagnosis must be specific. For example, a diagnosis of “fatigue, bone pain or weakness” is not specific – a diagnosis of “Osteoporosis” is specific.
- The recommended treatment must be named and described in detail by a licensed healthcare provider. A recommended treatment described, as “quitting smoking, healthier diet and regular or daily exercise recommended” does not provide enough information. Your provider must specifically name and describe the recommended treatment. An acceptable description of treatment would be “I recommend 800 IU of Vitamin D and 1200 mg of Calcium supplements each day for the next 6 months to slow down the patient’s Osteoporosis progression.”
- Your provider must state a specific length of treatment. Lifetime or indefinite lengths of treatment will not be approved.

Current Date

*XYZ Clinic
P.O. Box 1111
Anytown, Anystate 99999-9999*

Re: *Patient Name*

To Whom It May Concern:

I am writing on behalf of my patient (*patient name*) to document the medical necessity of (*treatment/medication/equipment – item in question*) for the treatment of (*specific diagnosis*). This letter provides information about the patient’s medical history and diagnosis and a statement summarizing my treatment rationale.

Patient’s History and Diagnosis:

(Include information here regarding the patient’s condition and specific diagnosis. Also include the patient’s history related to their condition.)

Treatment Rationale:

(Include information on the treatment up to this point, course of care and why the treatment/medication/equipment (item in question) is necessary and how you expect that it will help the patient.)

Duration:

(Length of time treatment/medication/equipment (item in question) is necessary – not to exceed 12 months.)

Summary:

In summary, (*treatment/medication/equipment – item in question*) is medically necessary for this patient’s medical condition. Please contact me if any additional information is required to ensure the prompt approval of (*treatment/medication/equipment – item in question*).

Sincerely,

(Physician’s name and signature) Your licensed provider must complete, sign and date the letter.